



What's News at Spring Village at Dover

35 Pointe Place, Dover (603) 842-4908
September 2019



Spring Village at Dover Welcomes Our New Memory Care Director

Spring Village at Dover is pleased to announce the promotion of Christine Sullivan, MNA, to the Memory Care Director position. Christine has been with *Spring Village at Dover* for several months and has proven to be a dedicated, hard-working, and warm-hearted team member. We know she has the gentle personality that will bring comfort to our residents and their families.

Christine has an Office Management degree from Northern Essex Community College. However, when her three children were school-aged, she returned to the workforce as an employee of *Huggins Hospital* which suited her need to care for others. Christine also worked for *Sugar Hill Retirement Community* before moving to the *Gafney Home* in Rochester where she spent the past eight years before they closed their doors this year.

Christine, who lives in Northwood with her husband and their four dogs and a fish, will be responsible for providing leadership to our direct-care employees and ensuring that our residents are safe, well-cared for, and comfortable. We also hear that Christine likes crafts, so we plan to use those skills too.

Stop by and say Hello to Christine!



Community Connections Corner

We would like to thank the *American Red Cross* for their hard-work, dedication, and professionalism on their recent visit to *Spring Village at Dover*. Twenty-four people generously donated at our August blood drive, four of whom were first-time donors (congratulations!). We look forward to partnering with the *American Red Cross* again soon.

September is back-to-school month and *Spring Village at Dover* would like to help students get prepared. We are requesting donations for school supplies for Dover's middle school students. Suggestions include: pencils, pens, loose-leaf and/or spiral bound paper, plastic folders, subject dividers, 3-ring binders, post-it notes and any other items that may be useful to students. Donations may be dropped off at *Spring Village at Dover*, 35 Pointe Place, Dover.

Thank you for helping us help our Dover community!



GROUP INTERVIEW

held EVERY WEDNESDAY

at 2:00 p.m.

Job Applicants for All Positions are
Welcome to the Attend

Spring Village at Dover

Caregiver Chats

A supportive group for dementia caregivers

Two meeting times each month:

Second Tuesday at 10 a.m.

&

Fourth Saturday at 11 a.m.

Both are held at

Spring Village at Dover

35 Pointe Place

To be added to our *Caregiver Chat* email list for meeting reminders and information updates, contact: jacki.brewster@springvillagedover.com or call: (603) 842-4908

Check our *Spring Village at Dover* website blog at: www.springvillagedover.com, for information on the benefits of Caregiver Support Groups

Visit Spring Village at Dover's website:

www.springvillagedover.com

Take a look at our fabulous photos on Facebook

Or stop by and say hello at:

35 Pointe Place, Dover

(603) 842-4908



For Those Who Were Wondering

Many of you have kept up with *Spring Village at Dover* from the very first shovel full of dirt, or visited us during the winter months in our cozy little marketing trailer. Perhaps you have been following the progress with the many photos we post on our Facebook page, and have seen the fun videos of our new team getting to know one another. Maybe you've had the opportunity to attend our Caregiver Chat groups, the Cars for a Cause Car Show, donated at our blood drive, or ate some of Chef Rob's delicious bruschetta at the Summer Stroll. If you've had the chance to see our beautiful new building and the happy faces already occupying it, you may be wondering - So, when will *Spring Village at Dover* be opening?

There is so much that goes into creating a safe building. There has to be a plan in place for even the remotest of possibilities. The State of New Hampshire and the Town of Dover care about their citizens, especially the most vulnerable of them. It is their job to make sure that every new business and building are prepared, before they give their blessing. Our *Spring Village at Dover* community is no exception. It takes a host of professionals looking at every detail from numerous angles to make sure that a building is up to code and that all systems are in place. Of course, the more people involved, the more difficult it is to coordinate schedules. It is not always a linear process. And, while the pursuit may seem endless, we are almost there.

It won't be much longer before our beautiful new building will have the blessings of the professionals whose job it is to make sure that it is safe for those who will work and reside in it. And, that is exactly what we here at *Spring Village at Dover* want too. We are grateful to the contracting professionals and inspectors who have the same goals we do. And, while they make sure the building is ready, we are eagerly and enthusiastically preparing ourselves with team-building exercises, fire drills, and extra dementia training so we can give you and your family a confident and warm welcome to our community. We know from the depths of our serving hearts that *Spring Village at Dover* will be worth the wait!



Services and Programs

Listed below are a few of the helpful and interesting services and programs that are available for both those caring for a loved one and caring for themselves:

Active Retirement Association: Aims to enhance the quality of life for individuals who wish to keep intellectually alert, broaden their interests, explore new fields of knowledge, and make new friends.

PO Box 421
Durham, NH 03824

Senior Citizen Discount List: Their goal is to find all the local discounts to your favorite restaurant, retail, store and local travel in New Hampshire. www.seniorcitizendiscountlist.org

Friends Program: Four Programs, One Mission
202 North State Street
Concord, NH 03301
Telephone: 603-228-1193/800-536-1193

Housing and Urban Development:
Norris Cotton Federal Building
275 Chestnut Street, 4th Floor
Manchester, NH 03101-2487
(603) 666-7510

National Institute on Health: www.nia.nih.gov/

New Hampshire Legal Assistance: www.nhla.org/

Savvy Senior Online Newsletter: www.savvysenior.org/

ServiceLink Aging and Disability Resource Center:
Your link to information and support services within your community.
www.servicelink.nh.gov/

Osher Lifelong Learning Institute:
www.campusce.net/granite/category/category.aspx

Bureau of Elderly and Adult Services:
Division of Community Based Care Services
NH Department of Health and Human Services
129 Pleasant Street
Concord, NH 03301
(603) 271-9203



Alzheimer's Association

Walk to End Alzheimer's
Seacoast, NH - Portsmouth Walk
Sunday, September 22, 2019

Registration: 8:30 a.m.

Ceremony: 9:40 a.m.

Walk: 10:00 a.m.

The Little Harbour School
50 Clough Drive
Portsmouth, NH

To Donate to or Join the
Spring Village at Dover Team

Visit: alz.org/walk

